

## Week 5: Psalm of Celebration

### Day 1

Ask God to show you his truth. Read Psalm 46:1-3. Fill in the blanks from this passage:

God is our \_\_\_\_\_ and \_\_\_\_\_, a very \_\_\_\_\_ \_\_\_\_\_ in trouble.

Does this verse say God is a helper that is close or far away? \_\_\_\_\_

What kind of trouble does the Psalmist talk about in verses 2 and 3? \_\_\_\_\_

What do you think this kind of trouble would be like if you saw it happen? \_\_\_\_\_

God is like a strong tower that stands in the middle of a foamy, roaring ocean. He is like a safe shelter during a terrible earthquake. Draw a picture of what you think it would be like if God was giving you strong shelter during a mighty, terrible, roaring storm on the ocean.

### Day 2

Ask God to show you truth. Read Psalm 46:4-7. The Psalmist is writing about God's city, the place where God is. Circle below all the words he uses to describe God's city.

There is a river whose streams make glad the city of God,  
the holy habitation of the Most High.

God is in the midst of her; she shall not be moved.

God will help her when morning dawns.

Not only is God a very present help in trouble, but he is also a refuge worth running to for safety because it will always last! The earth we live on has earthquakes, volcanoes and storms. Our cities can be destroyed by war. But God's city is immovable, because it is a holy place where God dwells. The Most High God lives there!

Write down about a time you had to say goodbye to a person, pet, or something special to you.

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How did you feel? \_\_\_\_\_

On earth, nothing lasts. But in heaven, God's city, things last forever and ever. In heaven, no one will ever have to say goodbye! God has provided a way through Jesus Christ for us to enter his holy city and never have to say goodbye to him. Isn't that wonderful? Write a prayer asking God to teach you more about entering his holy city and being present with him forever.

Dear God,

### Day 3

Ask God to help you see his greatness. Read Psalm 46:8-9. In verse 8, it says to "Come, behold the \_\_\_\_\_ of the Lord."

The Psalmist lists some works to behold, see and think about. Fill in the blanks:

1. How he has brought \_\_\_\_\_ on the \_\_\_\_\_.
2. He makes \_\_\_\_\_ to the end of the \_\_\_\_\_.
3. He \_\_\_\_\_ the \_\_\_\_\_ and \_\_\_\_\_ the \_\_\_\_\_.
4. He \_\_\_\_\_ the \_\_\_\_\_ with \_\_\_\_\_.

Who has more power, strength, and authority over war, kingdoms, and all that happens on the earth? \_\_\_\_\_

Who is more trustworthy, kings and kingdoms, or the Most High God? \_\_\_\_\_

Write a prayer to God thanking him for being a very close, strong and powerful refuge.

Dear God,

**Day 4**

Ask God to help you know him. Read Psalm 46:10-11. In verse 10, God is speaking and gives a command. What is it?

“ \_\_\_\_\_, and \_\_\_\_\_ that \_\_\_\_\_.”

In the verses before, the Psalmist described the earth, kings, kingdoms, and wars. Everything on earth will shake, crumble and fall. But God is unshakeable. When we see his power compared to the shakeable things like this, God wants us to stop and understand who he is. He wants us to realize that he will be exalted above all things! He is truly the best, strongest, safest place we can be safe in now and forever!

What makes you feel happy from what you read in Psalm 46 this week? \_\_\_\_\_

Draw a picture below of how you feel about God’s might and power over all things.